



COORDINATING CENTER

Phillip A. Scott, MD, PI
University of Michigan

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Clinical Research Project Manager

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CLINICAL CENTERS

Alpena Regional Medical Center
Battle Creek Health System
Borgess Medical Center
Botsford Hospital
Community Health Center Branch Co.
Covenant Healthcare
Hackley Hospital
Holland Hospital
Lakeland Community Hospital
Lakeland Regional Medical Center
Lapeer Regional Medical Center
Memorial Healthcare
Mercy Hospital Cadillac
Mercy Memorial Hospital
Munson Medical Center
Northern Michigan Hospital
Oakwood Southshore Medical Center
Port Huron Hospital
St. John Hospital & Medical Center
St. John River District Hospital
Saint Mary's Health Care
Sparrow Hospital & Health System
West Shore Medical Center
William Beaumont Hospital - Troy

St. John Hospital & Medical Center awarded for achievements in emergency stroke care.

Ann Arbor, MI, 6/1/2009 –

St. John Hospital & Medical Center was recently recognized for outstanding achievements in emergency stroke care during the INSTINCT Trial's Stroke Champions Meeting held in Ann Arbor, Michigan June 1, 2009.

St. John Hospital & Medical Center is one of twenty-four randomly selected Michigan hospitals participating in the INSTINCT (INcreasing Stroke Treatment through INterventional Change Tactics) stroke study. This study, supported by the National Institutes of Health, is a clinical trial testing methods to increase stroke treatment and is led by Phillip A. Scott, MD, Associate Professor of Emergency Medicine at the University of Michigan.

In 1996, the US FDA approved the use of intravenous tPA, a clot-busting drug, to reverse the effects of acute ischemic stroke. The drug must be given within three hours of the time that stroke symptoms begin. Due to difficulties in developing effective stroke treatment systems, only 1% of all patients with stroke were being treated at the start of the study in 2006 – some ten years after approval.

Study data from 2008 now demonstrate substantial improvements in tPA delivery to stroke patients. At St. John Hospital & Medical Center, Dr. Patricia Nouhan, MD, has been leading efforts to improve systems of stroke care as part of the study. Staff from many departments (emergency medicine, neurology, radiology, nursing, critical care, administration and others) have all been instrumental in working together to streamline care and make this important stroke treatment more available to patients who might benefit from it.

St. John Hospital & Medical Center received awards for:

- Highest number of stroke tPA treatments

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The INSTINCT trial will continue at St. John Hospital & Medical Center until early 2010.

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